Introducing the new Bronze medal awards

The Lifesaving Society is excited to announce the official release of the revised Bronze medal awards! The update improves skill progressions for a seamless flow into National Lifeguard and sets candidates up for success as they move through the Society's lifesaving, assistant lifeguard and lifeguard continuum.

We outline the changes in three communiques:

- What's new for instructors?
- What's new for recertifying Bronze Cross candidates?
- What's new for affiliates?

Highlights include:

- Bronze Star focuses on swimming proficiency, lifesaving skill and physical fitness.
- Bronze Medallion reintroduces lifesaving strokes.
- Bronze Cross introduces fundamental assistant lifeguard skills.
- Standardized Bronze Medallion and Bronze Cross recertification exams.

There are no changes to prerequisites.

What Lifesaving Instructors need to know

- 1. Find out when your employer plans to launch the new Bronze program they have until June 2022 to switch.
- 2. Attend an Explore Bronze Update Clinic before teaching the new curriculum.
- 3. Purchase the new <u>Bronze Medals Award Guide</u>, which includes all the Test Items and Must Sees.

Is the Bronze Update Clinic mandatory? Is it worth a credit towards my instructor recertification?

The Bronze Update Clinic is mandatory. You will receive 3 leadership recertification credits upon successful completion of the clinic. Contact the Lifesaving Society for more information.

Where do I get the new resources?

You can buy the <u>Bronze Medals Award Guide</u>, as well as the <u>Medallion</u> and <u>Cross</u> workbooks from <u>LifeguardDepot.com</u> or email us at <u>info@lifesavingsocietypei.ca</u>.

The new test sheets for full courses and recertification courses are on the Society's website in <u>Find a Form</u>.

What Lifesaving Instructor Trainers need to know

- Contact the Lifesaving Society to register for an Explore Bronze Update Clinic before teaching your next Lifesaving Instructor Course.
- 2. Purchase and review the new <u>Bronze Medals Award</u> <u>Guide</u> (as well as the new <u>Instructor Manual</u> if you haven't already).
- 3. For more information, contact the <u>Lifesaving Society</u>.

Society welcomes new President

Jeremy Coffin became President of Lifesaving Society Prince Edward Island at the Society's December 2020 AGM. Jeremy,

a National Lifeguard Instructor, joined Society's Board as a Director in 2019 and is the owner and operator of the lifeguard contracting service, North Shore Surf Rescue Inc.

Jeremy practices law in Charlottetown and relishes time spent outdoors with his dog Hurley. He succeeds James Sullivan.



EXPLORE BRONZE

The Bronze medal awards have been revised! Here are the resources that instructors and examiners need to be successful:



Lifeguard Depot.com®

Get yours today! Click an image to learn more and order online at <u>LifeguardDepot.com</u>, or call 1-844-647-7033.

New Bronze test sheets are in *Find a Form* on our website.

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through lifesaving sport.

Prices and Fees

2021 Literature Fees

Canadian Lifesaving Manual Canadian Lifesaving Manual with NEW Workbook (Medallion or Cross) Bronze Medallion Workbook Bronze Cross Workbook Alert: Lifeguarding in Action Coaching Lifesaving Examiner Handbook Instructor Manual Trainer Manual Canadian First Aid Manual Canadian CPR—HCP Manual Any single Award Guide Swim Instructor Pack	\$38.25 \$40.30 \$4.00 \$4.00 \$38.25 \$28.35 \$20.00 \$28.35 \$14.25 \$10.15 \$20.00 \$49.70
Lifesaving Instructor Pack Combined Pack — Swim and Lifesaving Instructor	\$49.70 \$59.90 \$84.50
Combined rack — Swiin and Lifesaving instructor	₽0 4 .50

2021 Exam Fees

2021 Exam Fees	
Canadian Swim Patrol (kits for class of 10)	\$15.50
Safeguard	\$10.75
Bronze Star	\$14.00
Bronze Medallion	\$17.00
Airway Management	\$10.75
Emergency First Aid (with CPR-B)	\$11.00
Standard First Aid (with CPR-C)	\$15.00
CPR-HCP	\$9.00
Bronze Cross or recert National Lifeguard or recert Lifesaving Sport Official Instructor, Examiner, Instructor Trainer, Coach Leadership Recert (Each additional leadership recert at the same time \$8.95 to a maximum of \$60.00)	\$21.40 \$34.25 \$11.50 \$30.00 \$30.00

Retail prices are the same for all affiliates throughout Prince Edward Island and include free shipping and handling.

Lifesaving Rescue Tube

- New lightweight performance foam technology for strength and resilience.
- Braided orange leash with high-quality shoulder strap for comfort and durability.
- Stainless steel clip and rings for secure "wrap'n'snap" around victim or manikin.
- Length: 37" Width: 5¾" Height: 3½"
- Price: \$90.18.



Order online at LifeguardDepot.com or call 1-844-647-7033

Lifeguard Depot.com®

LifeguardDepot.com is the online store of the Lifesaving Society.

PPE - Now Available

The Lifesaving Society sells Personal Protective Equipment including reusable and disposable masks, medical gloves, non-contact infrared thermometers, hand sanitizer, BVMs and BVM HEPA filter attachments, cleaning supplies and more.

Order now while supplies last. Visit <u>LifeguardDepot.com</u>, email orders@lifeguarding.com or call 1-844-647-7033.

LifeguardDepot.com®

Vocational Award Extension has ended

To support aquatic staff and the re-opening of aquatic facilities, the Lifesaving Society extended the validity of all vocational awards expiring March 1, 2020 or after.

This extension period ended January 1, 2021.

If you have questions or require assistance finding a recertification course, contact the Lifesaving Society at 902-967-4888.